



# Woman's Choice program

## Women choose. No referral needed.

The Woman's Choice Program is a self-referral program. This means any female member needing routine gynecological or obstetrical care may visit a BCN-affiliated gynecologist, obstetrician or obstetrician-gynecologist directly — without a referral from her primary care physician.

## Woman's Choice services

Your BCN OB-GYN may perform or order these services without your PCP's referral:

### Gynecological care:

- Breast exams and mammograms
- Contraceptive management
- Nonsurgical management of gynecological disorders
- Diagnosis and nonsurgical treatment of all gynecological infections and bladder infections.
- Bone density studies
- Gynecological examinations, Pap smears, contraceptive management, in-office surgical and nonsurgical treatment of gynecologic disorders
- Diagnosis, in-office surgical and nonsurgical treatment of all gynecological infections as well as bladder infections
- Pelvic ultrasounds
- Surgical procedures, due only to a Woman's Choice diagnosis, that is performed in an office or outpatient facility
- Voluntary sterilization

### Obstetrical care:

- Hospital admissions for infant delivery and all obstetrical care and procedures
- Maternity ultrasound
- Diagnosis and treatment for all obstetrical diagnoses (including OB-related illnesses)
- Fetal nonstress tests
- Amniocentesis and RhoGAM injections
- Elective pregnancy termination
- Tubal ligations performed at the time of delivery
- Laboratory and pathology services related to gynecologic problems and all obstetric care
- Obstetric procedures, including diagnostic lab (must be sent to Joint Venture Hospital Laboratories affiliate) and radiology

Services that do need PCP referrals:

- Infertility treatment
- Suspected or confirmed malignancies
- Surgical procedures performed in an outpatient facility
- Referrals to specialists other than OB-GYNs
- Hospital admission for condition other than delivery
- Diagnostic and radiology procedures not related to obstetrics or gynecology
- Care of medical problems unrelated to pregnancy

## Questions?

If you have questions, call Customer Service at 800-662-6667 between 8 a.m. and 5:30 p.m. Monday through Friday. TTY users can call 800-257-9980.

### Tip:

Consider selecting a gynecologist or obstetrician who belongs to the same physician group as your PCP or has privileges at the same hospital. This makes it easier for them to work as a team to care for you.

*This FYI was developed to provide BCN members with information about the Woman's Choice Program.*

*Find a Woman's Choice doctor online at **MiBCN.com/find**.*



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