



# Outpatient rehabilitation

## Outpatient therapy is a benefit

Blue Care Network members may receive outpatient rehabilitation when appropriate to help recover from surgery, disease or injury. Therapy may include one or more of the following services:

- Physical therapy
- Occupational therapy
- Speech therapy
- Cardiac and pulmonary rehabilitation services

Outpatient rehabilitation is covered when medically necessary as outlined in your member benefits. You must have a referral from your primary care physician for these services, and the services must also be preauthorized by BCN.

## Specialist care

Outpatient rehabilitation is provided by specialists. Your primary care physician will refer you to an appropriate specialist for your condition. Keep in mind that your specialist cannot refer you to another specialist without an additional referral from your primary care physician.

Keep in mind that only certain specialists (rheumatologists, orthopedic and hand surgeons, neurosurgeons, physiatrists and sports medicine providers) can refer you for occupational and physical therapy when the therapy provider is in network. Also, if you change your primary care physician while a specialist is treating you, your new primary care physician must reauthorize the treatment you are receiving. Your treatment may not be covered until that occurs.

## Contract terms

Consult your *General Provisions and Your Benefits* booklet for the terms and conditions of your specific outpatient rehabilitation coverage. Terms and conditions may include:

- A specialist office visit or copay percentage may apply for each covered visit.
- Treatment may be limited by time (from 30 to 365 days) and frequency (number of visits per episode).

**Blue Care Network is online at [MiBCN.com](http://MiBCN.com)**

## Exclusions

Outpatient rehabilitation does not include coverage for the following services:

- Cognitive retraining
- Vocational rehabilitation
- Therapy to maintain current functional level and prevent further deterioration
- Treatment during school vacations for children who would otherwise be able to receive therapy through the school or a public agency
- Speech therapy for the following conditions:
  - Chronic conditions or congenital speech abnormalities
  - Learning disabilities
  - Deviant swallow or tongue thrust
  - Mild and moderate developmental speech or language disorders
  - Vocal cord abuse resulting from lifestyle activities

## Questions?

If you have questions, call Customer Service at 800-662-6667 between 8 a.m. and 5:30 p.m., Monday through Friday. TTY users can call 800-257-9980.

You can view our list of specialists by logging in to our Web site at **[MiBCN.com/find](http://MiBCN.com/find)** or looking in our Provider Directory. Call Customer Service to get a copy for your area.

*This FYI was developed to provide BCN members with information about outpatient rehabilitation coverage.*



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of Michigan

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