

Annual prostate specific antigen (PSA) screenings can detect cancer early

This year, thousands of men will die from prostate cancer in the United States. The five-year survival rate for prostate cancer discovered at an early, treatable stage is about 99 percent.

Early detection saves lives. With more than 30,000 new cases expected this year, prostate cancer is now the most common type of cancer among men. Despite recent improvements in detection and treatment, it is estimated that one out of 10 men will develop prostate cancer before age 85. And more than 41,000 men will die from it this year. Yet most cases of prostate cancer are entirely treatable if they are caught soon enough.

The earlier an abnormality is discovered, the more treatment options are available to your doctor and the more likely you are to have a successful outcome. If you are 40 or older, that information should be all you need to make prostate examinations a part of your annual health routine.

Your BCN benefits can aid you in prostate cancer detection. If you're 50 or older, your benefits include a yearly PSA screening.

Want to know more?

BCN members can contact BlueHealthConnection at 800-637-2972 to leave a message for a nurse or request information.

MiBCN.com



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